



Novasure

Endometrial ablation is the process of destroying endometrium, the inner lining of the uterus, in order to solve a problem such as heavy bleeding. Novasure type of endometrial ablation is an electrode which is placed in the cervix, and which emits a short burst of radiofrequency energy, no longer than 90 seconds.

Novasure consists of an electrode with a sheath at the end; in the beginning of the procedure, the sheath is placed through the cervix. The electrode then expands and conforms to the shape of the uterine cavity. The device tests whether there is any rupture of the cavity and will not turn on if there is one. (As a safety measure, the device will turn itself off if 50 ohms of resistance occurs.) Next, a small quantity of CO2 inflates the uterus so that the device is placed properly. If everything is okay, a short burst of radiofrequency energy, for no more than 90 seconds, destroys the endometrium, and the whole procedure lasts for less than 5 minutes. The device will also remove the desiccated issue from the cavity. Most patients can go home within an hour of the procedure.

The uterus has to be of fairly regular shape. Fibroids or large polyps may have to be removed before Novasure can be applied. However, Novasure can be used even if there are polyps up to 2 cm large, and it can be even used if fibroids do not distort the shape of the cavity.

If you want more children, this is not for you. This is not a means of birth control, however, after ablation you need to practice a reliable form of contraception as there is a possibility of getting pregnant.

What can I expect from the NovaSure procedure?

More women are choosing NovaSure because it has been shown to be safe, simple, and successful treatment of heavy bleeding.

A clinical trial has shown that more than 9 out of 10 women return to normal or lower than normal bleeding levels following treatments with NovaSure. For some women, their periods even stopped completely.

Many women also experienced a reduction in PMS and painful periods, as well as other benefits such as less anxiety, greater self-confidence, and a boost in energy. NovaSure clinical trial post treatment survey results reveal,

- 45% reduction in women reporting PMS
- 64% reduction in women reporting pain
- 68% reduction in women reporting anxiety
- 71% reduction in women reporting a lack of self-confidence
- Nearly 4 fold reduction in women reporting a lack of energy

Novasure makes a difference!

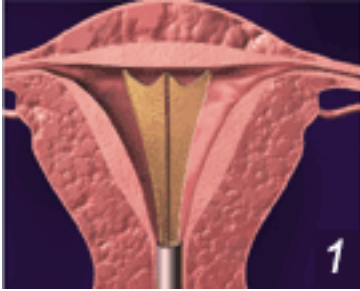
Many women find that treatment with NovaSure frees them up to enjoy more of what life has to offer. According to the NovaSure clinical trial post treatment survey, 4 out of 5 women report spending more time at work and daily activities and missing fewer social and athletic events because of heavy bleeding.

A half a million women to date have chosen NovaSure to reduce or eliminate their heavy periods and improve their quality of life. Women are very pleased with the results of the NovaSure procedure; 97% say they would recommend NovaSure to other women 3

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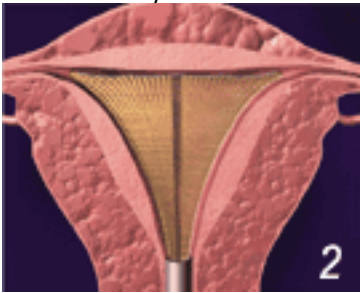
Novasure uses radio frequency (RF) energy to permanently remove the lining (endometrium) of the uterus, which reduces, or eliminates, future bleeding. Here's a look at what happens during the procedure to help you know what to expect:

Novasure: Heavy Period Treatment Step 1



Your doctor will slightly dilate the cervix and insert a slender wand through the cervix into the uterus.

Novasure: Heavy Period Treatment Step 2



The doctor then extends the triangular mesh array through the wand where it expands to conform to the dimensions of the uterine cavity.

Novasure: Heavy Period Treatment Step 3



RF energy is then delivered into the uterus for approximately 90 seconds.

Novasure: Heavy Period Treatment Step 4



The triangular mesh array slowly retracts and the wand is gently removed from the uterus.